



LONDON REGIONAL TRAMPOLINE 3 **Sunday 6th March 2016, at Harlington Sports Centre**

Welcome to Harlington Sports Centre, the home of Harlington Hawks. We have an entry of 220 Trampoline Gymnasts from 12 clubs taking part in this London competition. We wish a warm welcome to 2 new clubs, Phoenix Flyers & Sobell Trampoline Club.

Thanks are due to the following:

- Janet Bellis plus members, parents and friends of Harlington Hawks
- Staff and management of the Sports Centre for their help in staging this event.
- All officials who have given up their time voluntarily once again.
- The competitors, without whom there would be no competition.

Please ensure that you take all litter with you or use the rubbish bins around the Centre – PLEASE DO NOT LEAVE RUBBISH ON THE FLOOR. Ensure that you have all your property when you leave.

FLOOR ACCESS:

It is not permitted for non British Gymnastics members to set foot on the competition floor due to insurance issues. The competition floor is the matted area around the trampolines and the officials' areas.

PHOTOGRAPHY:

It is no longer necessary for people to register their intention to take photos and/or videos. Please note that flashlight photography is not permitted whilst the competition is going on (this includes warm-ups). However, please see the BG Photo Policy displayed around the arena and in this programme. There may be an official London Region photographer taking photos at this event. Some of these photos will appear on the London Gymnastics website. If a photo of you appears on the website and you are unhappy with this, please notify the webmaster and it will be removed. Only photographers appointed by the London region may take photos on the competition floor.

BRITISH GYMNASTICS PHOTOGRAPHY POLICY:

British Gymnastics Conditions for Audience Photography at Gymnastic Events Short Form:

In order to protect the welfare of children at the event, photography at this event is permitted only on conditions set by British Gymnastics

This is a summary of those conditions. A copy of the full text can be obtained from the Competition Organiser or from the British Gymnastics website www.british-gymnastics.org . If you do not agree to these conditions you may not bring any photo equipment into the venue or take any photos.

1. 'Photos' includes any form of video or still image including those taken with mobile phones.
2. The Competition Organiser (or a person acting on his or her authority) may require anyone at the event:
 - a. Not to take photos – either generally or in particular circumstances.
 - b. To provide their full name and address and evidence of this
 - c. To let the Competition Organiser view any images recorded and to delete any images.
 - d. To surrender media or equipment on which the images have been recorded if they cannot be viewed (e.g. photos on traditional film), or if they can not be deleted.
3. Photos may only be taken and used in accordance with the British Gymnastics Child Protection Policy.
4. Photos may not be used, distributed or copied for commercial purposes.
5. Flash may not be used at any time while gymnasts are warming up or competing

CLUBS COMPETING TODAY:

Must be British Gymnastics *registered* & London Gymnastics *affiliated*

Ace of Clubs
Airscape Trampoline Club
Aviators Trampoline Club
Coney Hall Cosmonauts
Harrow Trampoline Club
Hendon Gym Club
Inspire Trampoline Academy
London Trampoline Academy
Phoenix Flyers
Queensmead Trampoline Club
Skywalkers Trampoline Club
Sobell Trampoline Club

MEDALS & PRESENTATION:

Medals will be awarded to the top three individuals and teams in each Trampoline group at the end of each session. All those receiving awards MUST be in club kit. No one will be allowed on the podium unless correctly dressed.

RESULTS:

Results will be displayed on the wall after each group has finished, therefore please do not crowd around the recorders. Please do not remove results from the wall. Results will be emailed to team managers and will be available on London Gymnastics website.

WELFARE OFFICER:

The Welfare Officer for this Sunday's event is John Wotherspoon.

COACHING/PERFORMER QUALIFICATION:

Competitors are only allowed to perform competitively those moves that lie within the syllabus of those who are on the competition floor with them. Failure to have a coach adequately qualified with you may mean you have to withdraw, or you have to perform only those moves which lie within your coach's qualification syllabus.

JUDGE COURSE:

CLUB JUDGE:

Dates, Times & Venue

Saturday 19 th March 2016	9.30am – 4.00pm	Harlington Sports Centre
Sunday 20 th March 2016	9.30am – 4.00pm	Harlington Sports Centre

Contact Linda Lawrie on 01932 780313 or lindajslawrie@sky.com

JEWELLERY AND BODY PIERCING:

http://www.british-gymnastics.org/site/index.php?option=com_docman&task=cat_view&gid=374&Itemid=1134

Please see the above link for the latest British Gymnastics policy on this.

The policy applies to all participants and coaches in training and in events at home and abroad. Failure to comply with the policy will prohibit the individual's participation on the grounds of reasonable safety and may render the individual's insurance invalid should an accident result directly from non-compliance with this policy.

Please note that the chewing of gum is not allowed at any phase of the competition for competitors, coaches and officials.

ELECTRONIC DEVICES:

Spectators and gymnasts using any electronic devices including mobile phones should have the volume turned down or wear earphones.

Any games being played on these devices should not cause a distraction during the competition.

SET ROUTINES:

Regional Novice

U9:	U11 – 15+:	OR
Straddle	Front drop	Full twist
Seat drop	To feet	Straddle
To feet	Straddle	Seat drop
Tuck	½ twist	½ twist to
½ twist	Seat drop	½ twist to feet
Pike	½ twist to seat	Pike
Seat drop	½ twist to feet	Back drop
½ twist to feet	Tuck	½ twist to feet
Tuck	Pike	Tuck
Full twist (0.4)	Full twist (0.7)	½ twist (0.8)

Performers are encouraged to use an arm set but no penalty for those not complying. The voluntary routine may include a maximum of one somersault of either 270° OR 360° rotation. Difficulty will be awarded. Tariff cap of 1.2.

Regional Elementary

All age groups

Arm set

Back S/S (T)

Straddle

Seat drop

½ twist to seat

½ twist to feet

Pike

Back drop

½ twist to feet

Tuck

Full twist (1.2)

OR

Arm set

½ twist to front

To feet

Straddle

Full twist

Pike

Back drop

½ twist to feet

Tuck

½ twist

Front S/S (T) (1.4)

The voluntary routine may include a maximum of three elements between 270° & 360° of somersault rotation. No elements of more than 360° of somersault rotation allowed. For Elementary voluntary routines, if a skill of more than 360° of somersault rotation is used, the routine will terminate at that point. For Intermediate voluntary routines, if a skill of more than 450° of somersault rotation is used, the routine will terminate at that point.

Regional Intermediate

All age groups

Arm set

Back S/S (T)

Straddle

Back S/S to seat (T)

½ twist to feet

½ twist

Pike

Back drop

½ twist to feet

Tuck

Front S/S (P) (2.1)

OR

Arm set

Back S/S (P)

Straddle

Seat drop

½ twist to seat

½ twist to feet

Tuck

Barani (T)

½ twist

Pike

Front S/S (P) (2.1)

The voluntary routine may include a maximum of seven elements between 270° & 450° of somersault rotation. No elements of more than 450° of somersault rotation allowed.

For Novice, Elementary and Intermediate voluntary routines, if the maximum number of somersaults is exceeded, the routine will be terminated at that point.

Regional Advanced

All age groups

10 different elements with:

- At least seven somersaults of at least 270° somersault rotation to include one of the following three elements:
 - One move of at least 270° of somersault rotation landing on front or back, followed by an element of at least 450° somersault rotation OR
 - A back somersault with 360° somersault rotation and a full twist OR
 - A front somersault with 360° somersault rotation and 1½ twists Please asterisk this one element or combination

Voluntary routine tariff limit 8.5

Arm Set

Regional Elementary and Regional Intermediate require an arm set. An arm set is defined as:

‘Any action that causes the arms to be above the shoulders at maximum depression prior to the start of the routine’

The Chair of the panel will be responsible for determining whether the arm set was performed. Failure to perform the arm set will result in a deduction of 0.1 from each execution judge.

This is for the Set Routine ONLY. It does not apply to Regional Novices, Regional Synchro or Regional DMT.

TIMETABLE – SUNDAY 6th March 2016:

WARM UP: There will be no warm up marshals – performers must form an orderly queue for their turn. There will be a timed warm up therefore no guarantee of any specific number of warm ups can be given. Performers may use either trampoline. Club managers are responsible for their performers at the trampolines during this time (i.e. there will be no official at each bed). Spotting, assistance for performers getting on or off the trampoline or any other assistance is the responsibility of the club. Competitors will need to warm up both their set and voluntary routines during their allotted warm up time – there will be no separate warm up session for the voluntary.

SET & VOLUNTARY ROUTINES: After warm up, there will be a one touch warm up where the competitor will have to choose which routine to practise. The performers will then return to the marshalling area and be called to compete in programme order. They will all compete their set then all compete their voluntary in the same order. There will be no warm ups between routines so performers must be ready to compete (with spotters) as soon as required.

FINALS: The top eight after the first two rounds will proceed to the final of the London Regional Competition only. Each performer will be given one warm up before competing. For groups that have been split into flights, those from the last flight will be offered one warm up, all others will be offered two.

Where there are **8 or less** gymnasts in a group the final will be accumulative of all three routines but with more **than 8** gymnasts in a group, the final will be from zero.

All timings are approximate. The competition organisers reserve the right to start groups early if the event is running ahead of time but will not run more than one hour ahead of programme time. The competition organisers accept no responsibility for competitors who miss their turn due to changes to the above nor for the competition running early or late. Presentations at the end of each flight approximately.

TIMETABLE

		<u>PANEL 1</u>	<u>PANEL 2</u>	<u>PANEL 3</u>
<i>SESSION 1</i>				
W/up set & vol	9:00 – 9:25am	NOVICE U13 (22)	ELEMENTARY U15G (1–22)	INTERMEDIATE O15L (11)
1 touch	9:25 – 9:35am			INTERMEDIATE O15M (7)
Compete & Finals	9:35 – 10:40am			
<i>SESSION 2</i>				
W/up set & vol	10:40 – 11:10am	ELEMENTARY U11G (10)	ELEMENTARY U15G (23–32)	ELEMENTARY O15L (21)
1 touch	11:10 – 11:20am	NOVICE O15 (10)	NOVICE U9 (12)	
Compete & Finals	11:20 – 12:30pm			
	12:30 – 1:00pm	<i>LUNCH FOR OFFICIALS</i>		
<i>SESSION 3</i>				
W/up set & vol	12:30 – 1:00pm	NOVICE U15 (20)	INTERMEDIATE U15G (17)	ADVANCED LADIES (17)
1 touch	1:00 – 1:10pm		INTERMEDIATE U15B (1)	
Compete & Finals	1:10 – 2:15pm			
<i>SESSION 4</i>				
W/up set & vol	2:15 – 2:45pm	ELEMENTARY U15B (9)	NOVICE U11 (17)	ELEMENTARY O15M (5)
1 touch	2:45 – 2:55pm			ADVANCED MEN (7)
Compete & Finals	2:55 – 3:45pm			

Presentations will take place as soon as possible after the end of each discipline. All those receiving awards MUST be in club kit. No one will be allowed on the podium unless correctly dressed. Please note that all timings are approximate and the organisers reserve the right to begin groups early if the event is running ahead of schedule. The organisers accept no responsibility for those missing their turn due to changes to the above.

OFFICIALS

LONDON GRADES	6th March 2016	
PANEL 1		
Chair	Jan Harley	Harrow
Execution Judge 1	Humberto Hernandez	Hendon
Execution Judge 2	Ellie Gent	Coney Hall Cosmonauts
Execution Judge 3	Debbie Mitchell	Queensmead
Execution Judge 4	Olivia Desborough	Harrow
Execution Judge 5	Paul Howard / Coleena Henry Mitchell	Inspire
Tariff Judge 1	Kelly Booth	Harrow
Tariff Judge 2	Stephanie Hallam	Queensmead
Computer Recorder	Carol O'Shea	Harrow
Recorder	Emillie Wardle	Airscape
Marshal	Billy Savell	Ace of Clubs
PANEL 2		
Chair	Anthony Ottley	Skywalkers
Assistant Chair	Jo Furnston	London Trampoline Academy
Execution Judge 1	Ilona Brunyanszki	Hendon
Execution Judge 2	Rebecca Hallam / Alice Clifford	Queensmead
Execution Judge 3	Amber Cross	Airscape
Execution Judge 4	Katijah Wellings-Thomas	Phoenix Flyers
Execution Judge 5	Jamila Fadhlaoui	Coney Hall Cosmonauts
Tariff Judge 1	Harriet Curtis	Coney Hall Cosmonauts
Tariff Judge 2	Lynette Ottley	Skywalkers
Computer Recorder	Stephanie Toppin	Skywalkers
Recorder	Sara Scott	Coney Hall Cosmonauts
Marshal	Katie Thornton	Aviators
PANEL 3		
Chair	John Wotherspoon	London Trampoline Academy
Execution Judge 1	Diane Moriarty	Queensmead
Execution Judge 2	Richard Hurford	London Trampoline Academy
Execution Judge 3	Claire Collett	Airscape
Execution Judge 4	Aletha Holborough	Inspire
Execution Judge 5	Amy Woolford	Ace of Clubs
Tariff Judge 1	Vinata Kutwaroo	Ace of Clubs
Tariff Judge 2	Graham Atkins	Coney Hall Cosmonauts

Computer	Tabitha Gent	Coney Hall Cosmonauts
Recorder	Mr Newman / Mr Broadley	Queensmead
Marshal	Terence Dillon	Skywalkers
Qualified Reserves		
	Andrew Collier / Emma Collier	Queensmead
	Rathy Sivakanthan	Harrow
	Lois Browne	Skywalkers
	Elisee Nunn	Ace of Clubs
	Jane Evans	Airscape
	Lucy Fordman	for Aviators
Unqualified Reserves		
	Danielle Hurford / Brooke Webster	London Trampoline Acaedemy
	Lascelle Sandy / Jodi Grier	Inspire
	Rinu Shah	Harrow
	Mr Zaire / Mrs Fuller	Queensmead
	Tia Tipton	Phoenix Flyers
Organisation		
Competition Organisers	Bal Dowrich	Independent
	Kirsty Sweet	London Trampoline Academy
Database	Karen Gent	Coney Hall Cosmonauts
Judges	Linda Lawrie	Harlington Hawks
Computers	Andrew Wood/Karen Gent	HH/Coney Hall Cosmonauts
Computer set up	Andrew Wood	Harlington Hawks
Floor Manager	Janet Bellis	Harlington Hawks
Trophies	Organisers	
Lunches	Zoe Ranford	Inspire
Lunches	Ela Kemp	London Trampoline Academy

NO CHANGES TO THE ABOVE WITHOUT THE PRIOR CONSENT OF THE JUDGING COORDINATOR

OCCASIONALLY IT MAY BE NECESSARY TO ASK OFFICIALS TO CHANGE JOB AND/OR PANEL ON THE DAY.

SHOULD THIS OCCUR, THE JUDGING CO-ORDINATOR ASKS FOR YOUR COOPERATION IN THIS MATTER

London Regional Trampoline 3 - Competitors:

Start No	Club Name	Competition Name	Gymnast	Team
1	Airscape	London Regional Novice U9	Bryn Carson	A
2	Skywalkers	London Regional Novice U9	Daria Gurchenkova	A
3	Queensmead Trampoline Club	London Regional Novice U9	Alexis Moriarty-Wright	
4	Skywalkers	London Regional Novice U9	Maysa Popa Sayed	A
5	Airscape	London Regional Novice U9	Alex Woloch	A
6	Skywalkers	London Regional Novice U9	Tiago Sousa Gallego	A
7	Airscape	London Regional Novice U9	Natalia Vinnell	A
8	Skywalkers	London Regional Novice U9	Ayden Amini	A
9	Harrow Trampoline Club	London Regional Novice U9	Katie Cahill	
10	Inspire Trampoline Academy	London Regional Novice U9	Ryan Angus	
11	Inspire Trampoline Academy	London Regional Novice U9	Shea Dunston	
12	Queensmead Trampoline Club	London Regional Novice U9	Naomi Marshall	
1	Inspire Trampoline Academy	London Regional Novice U11	Veronika Buinickaite	A
2	Queensmead Trampoline Club	London Regional Novice U11	Ted Britton	A
3	Harrow Trampoline Club	London Regional Novice U11	Ciara O'Shea	
4	Queensmead Trampoline Club	London Regional Novice U11	Julie Zaire	A
5	London Trampoline Academy	London Regional Novice U11	Zoe Kemp	
6	Skywalkers	London Regional Novice U11	Aya Hayatsu	A
7	Airscape	London Regional Novice U11	Adam Hakiem	
8	Skywalkers	London Regional Novice U11	Alexandra Nemodruk	A
9	Harrow Trampoline Club	London Regional Novice U11	Sarina Shah	
10	Phoenix Flyers	London Regional Novice U11	Abyssinia Inyundo	
11	Inspire Trampoline Academy	London Regional Novice U11	Lucy Corless	A
12	Queensmead Trampoline Club	London Regional Novice U11	Stephen Caulfield	A
13	Skywalkers	London Regional Novice U11	Bailey Chapman	A
14	Skywalkers	London Regional Novice U11	Rubie Stiffeu	A
15	Inspire Trampoline Academy	London Regional Novice U11	Abbie Wilkinson	A
16	London Trampoline Academy	London Regional Novice U11	Ocean Omari	
17	Skywalkers	London Regional Novice U11	Ella Jenvey	
1	Queensmead Trampoline Club	London Regional Novice U13	Amy Fuller	
2	Skywalkers	London Regional Novice U13	Arajni Sanger	A
3	London Trampoline Academy	London Regional Novice U13	Erica Kemp	
4	Harrow Trampoline Club	London Regional Novice U13	Jamie Cahill Jasmine Larche	A
5	Queensmead Trampoline Club	London Regional Novice U13	Hitchcox	
6	Harrow Trampoline Club	London Regional Novice U13	Jenin Meghjee-Caine	A
7	Aviators Trampoline Club	London Regional Novice U13	Jessica Bowyer	A
8	Queensmead Trampoline Club	London Regional Novice U13	Jessica San	
9	Aviators Trampoline Club	London Regional Novice U13	Keira Webb	A
10	Queensmead Trampoline Club	London Regional Novice U13	Lauren Mccarthy	
11	Skywalkers	London Regional Novice U13	Leanne Bacchus	A
12	Airscape	London Regional Novice U13	Lola Fried-Jones	
13	Queensmead Trampoline Club	London Regional Novice U13	Lucas Roberts	9
14	Queensmead Trampoline Club	London Regional Novice U13	Maya Roberts	

15	Harrow Trampoline Club	London Regional Novice U13	Mia Carr	A
16	Queensmead Trampoline Club	London Regional Novice U13	Mia Pearlman	
17	Skywalkers	London Regional Novice U13	Oumaamah El-Essawy	A
18	Harrow Trampoline Club	London Regional Novice U13	Remy Lekieffre	A
19	Queensmead Trampoline Club	London Regional Novice U13	Renee Renner-Thomas	
20	Aviators Trampoline Club	London Regional Novice U13	Sophie Williams	A
21	Queensmead Trampoline Club	London Regional Novice U13	Stevie Gerrell	
22	Queensmead Trampoline Club	London Regional Novice U13	Tia Newman	

1	Coney Hall Cosmonauts	London Regional Novice U15	Amy Mewis	
2	Harrow Trampoline Club	London Regional Novice U15	Anya Savvides	A
3	Aviators Trampoline Club	London Regional Novice U15	Courtney Smith	A
4	Harrow Trampoline Club	London Regional Novice U15	Dorenton Anton	A
5	Phoenix Flyers	London Regional Novice U15	Fleur Durr	
6	Airscape	London Regional Novice U15	Florence Williams	
7	Skywalkers	London Regional Novice U15	Jaiden Christian-Palmer	A
8	London Trampoline Academy	London Regional Novice U15	Jessica Kennedy	
9	Aviators Trampoline Club	London Regional Novice U15	Kate Bowyer	A
10	Skywalkers	London Regional Novice U15	Kiana Selusenkova	A
11	London Trampoline Academy	London Regional Novice U15	Lisa Ozaki	
12	Queensmead Trampoline Club	London Regional Novice U15	Madelaine Connolly	A
13	Queensmead Trampoline Club	London Regional Novice U15	Mala Pearson	A
14	Aviators Trampoline Club	London Regional Novice U15	Melinda Yaman	A
15	Skywalkers	London Regional Novice U15	Natalia Sousa Gallego	A
16	Harrow Trampoline Club	London Regional Novice U15	Natalie Howard	A
17	Coney Hall Cosmonauts	London Regional Novice U15	Natasha Folan	
18	Phoenix Flyers	London Regional Novice U15	Nicole Stoby	
19	Queensmead Trampoline Club	London Regional Novice U15	Rebecca Dawson	A
20	Inspire Trampoline Academy	London Regional Novice U15	Sophie Borley-Holden	

1	Inspire Trampoline Academy	London Regional Novice O15	Aiko Guerra	A
2	Coney Hall Cosmonauts	London Regional Novice O15	Charlotte Folan	
3	Inspire Trampoline Academy	London Regional Novice O15	Coleena Henry-Mitchell	A
4	Coney Hall Cosmonauts	London Regional Novice O15	Eleanor Gent	
5	Skywalkers	London Regional Novice O15	Ella Jarvis	
6	Aviators Trampoline Club	London Regional Novice O15	Ellie Bowyer	
7	Queensmead Trampoline Club	London Regional Novice O15	Imogene Munns	
8	Harrow Trampoline Club	London Regional Novice O15	Lucie Murphy	
9	Queensmead Trampoline Club	London Regional Novice O15	Olivia Harrison	
10	Inspire Trampoline Academy	London Regional Novice O15	Rachel Wilkinson	A

1	Hendon Gym Club	London Regional Elementary Girls U11	Hannah Lennon	
2	Skywalkers	London Regional Elementary Girls U11	Brogan Sweeney-Mcintosh	
3	Hendon Gym Club	London Regional Elementary Girls U11	Ruby Rae Atzmon	
4	Queensmead Trampoline Club	London Regional Elementary Girls U11	Daisy Eccleston	
5	Hendon Gym Club	London Regional Elementary Girls U11	Lauren Macfarlane	
6	Hendon Gym Club	London Regional Elementary Girls U11	Zyra Reid	
7	Harrow Trampoline Club	London Regional Elementary Girls U11	Paige Harper	
8	Hendon Gym Club	London Regional Elementary Girls U11	Sophie Games	
9	Skywalkers	London Regional Elementary Girls U11	Madeleine Liddell	
10	Hendon Gvm Club	London Reaional Elementary Girls U11	Tabitha Heratv	

1	Queensmead Trampoline Club	London Regional Elementary Girls U15	Alys Greenshields	
2	Coney Hall Cosmonauts	London Regional Elementary Girls U15	Anna Stone	A
3	Phoenix Flyers	London Regional Elementary Girls U15	Diana Stevanovic	B
4	Queensmead Trampoline Club	London Regional Elementary Girls U15	Elinor Greenshields	
5	Hendon Gym Club	London Regional Elementary Girls U15	Eliz Bekler	
6	Queensmead Trampoline Club	London Regional Elementary Girls U15	Ellie Loftus	
7	Coney Hall Cosmonauts	London Regional Elementary Girls U15	Ellie Harris	A
8	Aviators Trampoline Club	London Regional Elementary Girls U15	Emma Campaniello	
9	Coney Hall Cosmonauts	London Regional Elementary Girls U15	Grace Scott	A
10	Harrow Trampoline Club	London Regional Elementary Girls U15	Ilze Ojere	A
11	Phoenix Flyers	London Regional Elementary Girls U15	Iris Booth	A
12	Airscape	London Regional Elementary Girls U15	Isabel Rodgers	A
13	Queensmead Trampoline Club	London Regional Elementary Girls U15	Isabelle Munns	
14	Queensmead Trampoline Club	London Regional Elementary Girls U15	Isobel Caulfield	
15	Phoenix Flyers	London Regional Elementary Girls U15	Jasmine Procter-Tarabanov	B
16	Ace of Clubs Trampoline Club	London Regional Elementary Girls U15	Jessica Edwards	A
17	Harrow Trampoline Club	London Regional Elementary Girls U15	Kemi Oduntan	A
18	Harrow Trampoline Club	London Regional Elementary Girls U15	Kirstie Horsley	A
19	Ace of Clubs Trampoline Club	London Regional Elementary Girls U15	Leah Fiddes Kapadia	
20	Harrow Trampoline Club	London Regional Elementary Girls U15	Lilia Szydlowska	A
21	Queensmead Trampoline Club	London Regional Elementary Girls U15	Lilianna Czaplewski	
22	Ace of Clubs Trampoline Club	London Regional Elementary Girls U15	Lucy Jennings	A
23	Ace of Clubs Trampoline Club	London Regional Elementary Girls U15	Madelaine Wheeler-Ellwood	A
24	Airscape	London Regional Elementary Girls U15	Megan French	A
25	Coney Hall Cosmonauts	London Regional Elementary Girls U15	Mia Watson	A
26	Airscape	London Regional Elementary Girls U15	Nia Carson	A
27	Ace of Clubs Trampoline Club	London Regional Elementary Girls U15	Poppy Richards	A
28	Phoenix Flyers	London Regional Elementary Girls U15	Ruby Riley	A
29	Queensmead Trampoline Club	London Regional Elementary Girls U15	Ruthie Cerny	
30	Phoenix Flyers	London Regional Elementary Girls U15	Sahar Steele	B
31	Phoenix Flyers	London Regional Elementary Girls U15	Sapphire Durr	A
32	Queensmead Trampoline Club	London Regional Elementary Girls U15	Scarlet Devaney	

1	Hendon Gym Club	London Regional Elementary Boys U15	Jules Decorps	
2	Queensmead Trampoline Club	London Regional Elementary Boys U15	Kobi Angel	
3	Phoenix Flyers	London Regional Elementary Boys U15	Marcel Baumard	
4	Ace of Clubs Trampoline Club	London Regional Elementary Boys U15	Moritz Speck	A
5	London Trampoline Academy	London Regional Elementary Boys U15	Oliver Taranowski	A
6	London Trampoline Academy	London Regional Elementary Boys U15	Peter Omari	A
7	Ace of Clubs Trampoline Club	London Regional Elementary Boys U15	Sam Hill	A
8	Ace of Clubs Trampoline Club	London Regional Elementary Boys U15	William Auty	A
9	London Trampoline Academy	London Regional Elementary Boys U15	William Parfitt	A

1	Airscape	London Regional Elementary Ladies O15	Sarah Adams	A
2	Coney Hall Cosmonauts	London Regional Elementary Ladies O15	Amy Simpson	
3	Queensmead Trampoline Club	London Regional Elementary Ladies O15	Anoushka Keeley	A
4	Airscape	London Regional Elementary Ladies O15	Caitlin Doyle	A
5	Coney Hall Cosmonauts	London Regional Elementary Ladies O15	Carol Raphael	1
6	Airscape	London Regional Elementary Ladies O15	Eloise Newton	A

7	Queensmead Trampoline Club	London Regional Elementary Ladies O15	Emma Broadley	A
8	Harrow Trampoline Club	London Regional Elementary Ladies O15	Gemma Caplan	A
9	Coney Hall Cosmonauts	London Regional Elementary Ladies O15	Heather Lucy Fordham	
10	Coney Hall Cosmonauts	London Regional Elementary Ladies O15	Jamila Fadhlaoui	
11	Inspire Trampoline Academy	London Regional Elementary Ladies O15	Jodi Grier	
12	Coney Hall Cosmonauts	London Regional Elementary Ladies O15	Karen Gent	
13	Harrow Trampoline Club	London Regional Elementary Ladies O15	Orli Ash	A
14	Queensmead Trampoline Club	London Regional Elementary Ladies O15	Rachel Broadley	A
15	Harrow Trampoline Club	London Regional Elementary Ladies O15	Rahma Hassan	A
16	Ace of Clubs Trampolining	London Regional Elementary Ladies O15	Sae Koyama	
17	Airscape	London Regional Elementary Ladies O15	Sahib Ubhie	A
18	Coney Hall Cosmonauts	London Regional Elementary Ladies O15	Sophia D'Souza	
19	Coney Hall Cosmonauts	London Regional Elementary Ladies O15	Tabitha Gent	
20	Harrow Trampoline Club	London Regional Elementary Ladies O15	Tara O'Shea	A
21	Coney Hall Cosmonauts	London Regional Elementary Ladies O15	Victoria Bathe	

1	Queensmead Trampoline Club	London Regional Elementary Men O15	Simon Hamlin	
2	Inspire Trampoline Academy	London Regional Elementary Men O15	Paul Howard	
3	Ace of Clubs Trampolining	London Regional Elementary Men O15	Rowan Richards	
4	Inspire Trampoline Academy	London Regional Elementary Men O15	Lascelle Sandy	

1	Hendon Gym Club	London Regional Intermediate Girls U15	Alisa Goldstein	A
2	Queensmead Trampoline Club	London Regional Intermediate Girls U15	Ally Sharp	A
3	Hendon Gym Club	London Regional Intermediate Girls U15	Amy Stewart	A
4	London Trampoline Academy	London Regional Intermediate Girls U15	Brooke Webster	A
5	Queensmead Trampoline Club	London Regional Intermediate Girls U15	Danielle Shaw	A
6	Coney Hall Cosmonauts	London Regional Intermediate Girls U15	Elise Swatton	A
7	Coney Hall Cosmonauts	London Regional Intermediate Girls U15	Emelie Torlot	A
8	Coney Hall Cosmonauts	London Regional Intermediate Girls U15	Katrina Spencer	A
9	Coney Hall Cosmonauts	London Regional Intermediate Girls U15	Kylah Wallace	A
10	Queensmead Trampoline Club	London Regional Intermediate Girls U15	Leyla Goodwin	A
11	London Trampoline Academy	London Regional Intermediate Girls U15	Mia Dillon	A
12	London Trampoline Academy	London Regional Intermediate Girls U15	Miyu Yamaguchi	A
13	Hendon Gym Club	London Regional Intermediate Girls U15	Ronna Mirab	A
14	Ace of Clubs Trampolining	London Regional Intermediate Girls U15	Rosie Bunn	
15	Queensmead Trampoline Club	London Regional Intermediate Girls U15	Sabrina Reid	A
16	Harrow Trampoline Club	London Regional Intermediate Girls U15	Samantha Hall	
17	Harrow Trampoline Club	London Regional Intermediate Girls U15	Sandhya Sivakanthan	

1	Airscape	London Regional Intermediate Boys U15	George Evans	
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1	Aviators Trampoline Club	London Regional Intermediate Ladies O15	Cathryn Lennard	A
2	Coney Hall Cosmonauts	London Regional Intermediate Ladies O15	Cerys Williams	A
3	Aviators Trampoline Club	London Regional Intermediate Ladies O15	Chelsea Butt	A
4	Coney Hall Cosmonauts	London Regional Intermediate Ladies O15	Emily Arnold	A
5	Harrow Trampoline Club	London Regional Intermediate Ladies O15	Esma Kabadayi	A
6	Aviators Trampoline Club	London Regional Intermediate Ladies O15	Gabi Kennard	A
7	Harrow Trampoline Club	London Regional Intermediate Ladies O15	Sophia Hall	A
8	Ace of Clubs Trampolining	London Regional Intermediate Ladies O15	Megan McLean	
9	Harrow Trampoline Club	London Regional Intermediate Ladies O15	Sarah Collins	A

10	Queensmead Trampoline Club	London Regional Intermediate Ladies O15	Susan Cox	
11	Coney Hall Cosmonauts	London Regional Intermediate Ladies O15	Tara Lee	A
1	Harrow Trampoline Club	London Regional Intermediate Men O15	Cameron Gawley	
2	Sobell Trampoline Club	London Regional Intermediate Men O15	Jordon Lachhab	
3	Sobell Trampoline Club	London Regional Intermediate Men O15	Ricky Josef	
4	Coney Hall Cosmonauts	London Regional Intermediate Men O15	Sam Grover	
5	London Trampoline Academy	London Regional Intermediate Men O15	Shota Yamaguchi	
6	Queensmead Trampoline Club	London Regional Intermediate Men O15	William Mckane	
7	Aviators Trampoline Club	London Regional Intermediate Men O15	Samuel Ahmeti	
1	Coney Hall Cosmonauts	London Regional Advanced Ladies	Isabelle Atack	
2	London Trampoline Academy	London Regional Advanced Ladies	Jemima Bradley	
3	Queensmead Trampoline Club	London Regional Advanced Ladies	Stephanie Cole	
4	London Trampoline Academy	London Regional Advanced Ladies	Corinna Hoppe	
5	Queensmead Trampoline Club	London Regional Advanced Ladies	Emma Collier	
6	London Trampoline Academy	London Regional Advanced Ladies	Joanna Furmston	
7	Queensmead Trampoline Club	London Regional Advanced Ladies	Rebecca Hallam	
8	London Trampoline Academy	London Regional Advanced Ladies	Mia Sgambati	
9	London Trampoline Academy	London Regional Advanced Ladies	Danielle Hurford	
10	London Trampoline Academy	London Regional Advanced Ladies	Rebecca Hylton	
11	Queensmead Trampoline Club	London Regional Advanced Ladies	Charlotte Mitchell	
12	Harrow Trampoline Club	London Regional Advanced Ladies	Thiviya Sivakanthan	
13	London Trampoline Academy	London Regional Advanced Ladies	Fleur Sweet	
14	London Trampoline Academy	London Regional Advanced Ladies	Francesca Sweet	
15	Queensmead Trampoline Club	London Regional Advanced Ladies	Amanda Tropp	
16	Ace of Clubs Trampolining	London Regional Advanced Ladies	Andrea Walder	
17	London Trampoline Academy	London Regional Advanced Ladies	Fox White	
1	London Trampoline Academy	London Regional Advanced Men	Kai Juttla	A
2	Harrow Trampoline Club	London Regional Advanced Men	Noah Gill	
3	London Trampoline Academy	London Regional Advanced Men	Otis Mcauliffe	A
4	Coney Hall Cosmonauts	London Regional Advanced Men	Oliver Presman	
5	London Trampoline Academy	London Regional Advanced Men	Douglas Simon	A
6	Coney Hall Cosmonauts	London Regional Advanced Men	Luke Smith	
7	London Trampoline Academy	London Regional Advanced Men	Kinquaid Malik-White	A

COMPETITION CALENDAR LONDON 2016

Event Name & Date	Closing Date	Venue
London NDP Regional Series 1		
Saturday 5 th December 2015	23:00hrs Monday 16 th November 2015	Kingston Trampoline Academy Arena, Kingston College, Kingston upon Thames, Surrey KT1 2AQ 020 8941 7083
London Region DMT 1		
Thursday 14 th January 2016	23:00hrs Monday 14 th December 2015	London DMT Reynolds Sports Centre, Gunnersbury Lane, W3 8EY 07950 267655
London Region Trampoline 1		
Sunday 17 th January 2016	23:00hrs Monday 14 th December 2016	Harlington Hawks Harlington Sports Centre Pinkwell Lane, Hayes. UB3 1PB 020 8569 3211
London Region DMT 2		
Thursday 4 th February 2016	23:00hrs Monday 18 th January 2016	London DMT Reynolds Sports Centre, Gunnersbury Lane, W3 8EY 07950 267655
London NDP Regional Series 2		
Saturday 6 th February 2016	23:00hrs Monday 18 th January 2016	Harlington Hawks Harlington Sports Centre Pinkwell Lane, Hayes. UB3 1PB 020 8569 3211
London Regional Trampoline 2		
Sunday 7 th February 2016	23:00hrs Monday 18 th January 2016	Harlington Hawks Harlington Sports Centre Pinkwell Lane, Hayes. UB3 1PB 020 8569 3211
London Region DMT 3		
Thursday 3 rd March 2016	23:00hrs Monday 15 th February 2016	London DMT Reynolds Sports Centre, Gunnersbury Lane, W3 8EY 07950 267655
TRA NDP Regional Team Qualifier		
Saturday 5 th March 2016	23:00hrs Monday 15 th February 2016	Kingston Trampoline Academy Arena, Kingston College, Kingston upon Thames, Surrey 020 8941 7083
London Region Trampoline 3		
Sunday 6 th March 2016	23:00hrs Monday 15 th February 2016	Harlington Hawks Harlington Sports Centre Pinkwell Lane, Hayes. UB3 1PB 020 8569 3211

London Region DMT 4
Thursday 21st April 2016

23:00hrs Mon 4th April
2016

London DMT
Reynolds Sports Centre,
Gunnery Lane, W3 8EY
07950 267655

London Region Trampoline 4
Sunday 10th April 2016

23:00hrs Monday
21st March 2016

Harlington Hawks
Harlington Sports Centre
Pinkwell Lane, Hayes. UB3 1PB
020 8569 3211

London Region Trampoline Championships plus London Closed 2016
Saturday 11th & Sunday 12th June 2016

23:00hrs Monday
16th May 2016

Harlington Hawks
Harlington Sports Centre
Pinkwell Lane, Hayes. UB3 1PB
020 8569 3211

Synchro & DMT Championships
Sunday 9th October 2016

23:00hrs Monday
19th September 2016

Harlington Hawks
Harlington Sports Centre
Pinkwell Lane, Hayes. UB3 1PB
020 8569 3211

